

Frauen

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	120	Karin Beaupoil	TV Goch	W40	1	0:26:25 (5)	1:09	1:10:40 (1)	0:54	0:49:06 (4)	2:28:13
2	72	Angela Tempesta	AS Neukirchen-Vluyn	W30	1	0:24:39 (4)	1:32	1:11:38 (3)	1:09	0:50:44 (7)	2:29:41
3	148	Kristel Knaepen	RTC Frechen	W30	2	0:27:59 (8)	1:40	1:17:09 (7)	1:07	0:45:32 (1)	2:33:27
4	135	Janna Willemsen	The Road is Pink - SUS Stadtlohn W	W	1	0:24:14 (2)	1:09	1:17:37 (11)	1:23	0:50:32 (6)	2:34:54
5	78	Steffie Alscher	TV Witzhelden Triathlon	W40	2	0:31:30 (17)	1:18	1:11:28 (2)	0:56	0:50:10 (5)	2:35:22
6	184	Gitti Thimm	TV Goch	W50	1	0:28:59 (10)	1:27	1:16:49 (6)	1:00	0:48:27 (3)	2:36:41
7	31	Gabriele Jansen	TSG Kirchhellen	W40	3	0:29:49 (12)	2:03	1:21:34 (16)	1:41	0:47:55 (2)	2:43:01
8	43	Anja von Gerhardt Weber	AS Neukirchen Vluyn	W40	4	0:29:50 (13)	1:59	1:17:13 (8)	1:11	0:53:16 (10)	2:43:29
9	41	Julia Reinhardt	Nordtriathleten Oberhausen	W	2	0:24:18 (3)	1:34	1:19:24 (12)	1:04	0:57:40 (12)	2:43:59
10	71	Dörte Kaiser	Team essen 99	W40	5	0:35:26 (22)	1:53	1:14:30 (5)	1:55	0:52:00 (8)	2:45:44
11	50	Anke Knieling-Zimmer	TuS Wengern 1879 e. V.	W30	3	0:23:58 (1)	1:48	1:19:53 (13)	1:52	1:01:17 (19)	2:48:47
12	49	Martina Bruns	SC Bayer 05 Uerdingen	W40	6	0:39:11 (24)	2:23	1:14:30 (4)	1:30	0:52:56 (9)	2:50:29
13	165	Ingrid Van der elst	Allround triathlon Team kleve	W50	2	0:30:11 (14)	1:59	1:17:28 (10)	1:17	0:59:46 (17)	2:50:41
14	10	Jule Stang	TV Goch	W	3	0:28:03 (9)	1:41	1:19:57 (14)	1:12	1:00:16 (18)	2:51:09
15	106	Natalie Bornmann-Russ	TV Witzhelden Triathlon	W40	7	0:27:30 (7)	2:02	1:21:39 (17)	1:22	1:02:32 (21)	2:55:05
16	102	Martina Jungesblut	Tri Team Selm e.V.	W40	8	0:32:21 (20)	3:07	1:21:12 (15)	1:43	0:57:42 (13)	2:56:04
17	105	Maren Kaliske		W	4	0:29:17 (11)	3:28	1:28:52 (22)	1:28	0:56:06 (11)	2:59:11
18	108	Liliya Zotova	Team Erdinger Alkoholfrei	W30	4	0:39:27 (25)	2:41	1:17:22 (9)	1:53	0:59:05 (16)	3:00:28
19	156	Sabine Szuka	TSV Bayer Dormagen	W40	9	0:32:07 (19)	2:31	1:21:58 (18)	1:57	1:05:16 (24)	3:03:49
20	153	nicola ROSENBERGER	TSV Bocholt	W40	10	0:31:24 (16)	3:23	1:23:22 (20)	2:47	1:03:43 (23)	3:04:39
21	114	Heike Zander	Hardtseemafia Triathlon	W50	3	0:30:50 (15)	2:19	1:29:31 (24)	2:17	1:02:26 (20)	3:07:22
22	194	Kristina Scholz		W	5	0:26:51 (6)	2:33	1:33:17 (25)	2:19	1:03:29 (22)	3:08:28
23	46	Petra Kaiser	TV Jahn Hiesfeld	W50	4	0:40:45 (26)	2:48	1:26:05 (21)	1:42	0:58:03 (14)	3:09:22
24	16	Gaby Köhn	Running Friends Bedburg	W50	5	0:41:31 (27)	3:48	1:23:20 (19)	2:28	0:59:02 (15)	3:10:11
25	160	Sandra Fenkl	TSV Bayer Dormagen	W30	5	0:33:28 (21)	3:08	1:28:59 (23)	1:36	1:07:58 (25)	3:15:09
26	157	Alexandra Donath	TSV - Hochdahl	W40	11	0:36:19 (23)	3:04	1:38:24 (28)	2:40	1:17:01 (26)	3:37:28
27	180	Susanne Fritsch	LSG Weiher	W50	6	0:43:23 (28)	3:04	1:36:51 (26)	2:21	1:20:58 (27)	3:46:37
28	66	Jasmin Jabeur	Hardtseemafia Triathlon e.V.	W40	12	0:43:40 (29)	3:28	1:37:37 (27)	4:17	1:37:37 (28)	4:06:39

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
1	172	Simon Schwarz	TuS Ahrweiler	M	1	0:21:54 (2)	0:58	0:57:15 (2)	0:46	0:34:55 (2)	1:55:48
2	189	Michael Cramer	DLC Aachen	M30	1	0:24:15 (9)	1:12	0:59:13 (3)	0:49	0:37:30 (4)	2:02:59
3	104	Daniel Heddendorp	Team RoseBikes Bocholter WSV	M30	2	0:21:58 (3)	0:57	1:02:10 (5)	0:49	0:38:09 (5)	2:04:02
4	155	Michel Schaus	TRC Essen 84	M	2	0:22:36 (5)	0:54	1:04:31 (11)	0:38	0:36:56 (3)	2:05:36
5	63	Stephan Theisen	Allround Triathlon Team Kleve	M40	1	0:21:58 (4)	1:12	1:02:31 (6)	1:00	0:43:23 (12)	2:10:04
6	111	René Naßmacher	SG Borken	M30	3	0:25:28 (18)	1:16	1:04:32 (12)	0:55	0:39:53 (6)	2:12:05
7	1	Sebastian J.M. Dr. Longrée	SVD Tria Essen	M40	2	0:24:31 (13)	1:35	1:04:58 (14)	0:51	0:40:58 (9)	2:12:53
8	164	Maximilian Schaap	Ohne Verein	M	3	0:26:37 (23)	1:38	1:01:12 (4)	0:50	0:43:15 (11)	2:13:32
9	154	Carsten Künsken	SV Hullern 68	M40	3	0:21:54 (1)	1:16	1:04:35 (13)	0:55	0:45:01 (24)	2:13:41
10	96	Michael Tempesta	AS Neukirchen-Vluyn	M30	4	0:24:13 (8)	1:27	1:04:07 (10)	0:54	0:44:44 (22)	2:15:25
11	3	Marvin Müller	WSV Schermbeck	M	4	0:29:12 (50)	1:46	1:03:09 (8)	2:28	0:40:06 (7)	2:16:42
12	169	Stefan Holl	Tri Team MAXMO Mönchengladbach	M50	1	0:24:21 (11)	2:01	1:03:35 (9)	1:13	0:46:22 (34)	2:17:32
13	191	Ludger Heutgens	TV-Goch	M40	4	0:28:02 (34)	1:43	1:06:48 (25)	1:02	0:40:37 (8)	2:18:12
14	159	Stefan Behle	LTV Lippstadt	M30	5	0:25:57 (21)	1:03	1:07:34 (30)	1:02	0:43:24 (13)	2:19:00
15	59	Sebastian Schill	Duisburger Schwimmverein 1898 e.V.	M30	6	0:24:36 (15)	2:20	1:05:01 (15)	1:28	0:46:04 (30)	2:19:28
16	92	Sascha Pöppelbuss	ASV Ellewick	M30	7	0:24:37 (16)	1:34	1:08:29 (37)	1:12	0:43:39 (16)	2:19:30
17	65	Rene Kuhnert	Triminators TV Voerde	M	5	0:22:39 (6)	0:56	1:09:05 (42)	1:17	0:46:26 (35)	2:20:23
18	76	Maros Mraz	Bike & Run team RS	M40	5	0:27:54 (31)	2:24	1:05:57 (19)	1:01	0:43:49 (18)	2:21:05
19	40	Dirk Adolphs	Nordtriathleten Oberhausen	M40	6	0:29:35 (57)	1:16	1:06:08 (21)	1:18	0:43:24 (14)	2:21:41
20	87	Sebastian Marek	SV 19 Straelen	M30	8	0:26:44 (24)	1:25	1:07:59 (33)	1:21	0:44:36 (21)	2:22:03
21	11	Klemens Stang	TV Goch 1883	M50	2	0:28:52 (47)	1:40	1:03:01 (7)	1:05	0:48:33 (48)	2:23:10
22	93	Kay Dünne	ASV Ellewick	M30	9	0:27:54 (32)	2:04	1:07:09 (28)	1:16	0:45:26 (26)	2:23:49
23	26	Sven Kersten	Fitnessclub Finisher	M40	7	0:26:58 (27)	1:48	1:07:04 (27)	1:48	0:46:18 (33)	2:23:56
24	4	Bastian Schult	WSV Schermbeck	M40	8	0:28:30 (42)	1:51	1:08:02 (34)	1:44	0:44:18 (20)	2:24:25
25	144	Oliver Magdziarz	LDT Bochum	M40	9	0:29:46 (58)	2:13	1:06:02 (20)	1:24	0:45:04 (25)	2:24:30
26	192	Sebastian Verhoef	Blau Weiss Köln	M30	10	0:25:30 (19)	1:45	1:11:40 (60)	1:04	0:44:45 (23)	2:24:44
27	187	Oliver Radermacher	RTC Frechen 80	M50	3	0:31:09 (70)	1:13	1:09:36 (46)	1:13	0:42:00 (10)	2:25:11
28	47	Waldemar Kuhnert	Triminators TV Voerde	M50	4	0:28:14 (35)	1:20	1:08:44 (40)	1:05	0:47:04 (38)	2:26:28

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
29	151	Michael Schneider	TV Aldekerk	M30	11	0:30:18 (63)	2:13	1:05:07 (16)	1:45	0:47:55 (42)	2:27:19
30	51	Marc Zimmer	TuS Wengern 1879 e. V.	M40	10	0:28:20 (37)	1:50	1:06:31 (23)	1:21	0:49:20 (58)	2:27:22
31	91	Simon Lechtenberg	ASV Ellewick	M30	12	0:32:23 (77)	1:30	1:08:43 (39)	1:04	0:43:46 (17)	2:27:26
32	79	Christian Alscher	TV Witzhelden-Triathlon	M50	5	0:30:52 (68)	1:10	1:08:29 (38)	1:00	0:46:12 (31)	2:27:44
33	22	Frank Dombek	Allround Triathlon Team Kleve	M50	6	0:33:31 (89)	1:13	1:06:35 (24)	1:02	0:45:30 (27)	2:27:49
34	186	Nikola Lemmens	RTC Frechen	M30	13	0:24:32 (14)	1:25	1:12:07 (67)	1:15	0:48:54 (53)	2:28:14
35	21	Jeroen Hilwig	AV Triathlon	M40	11	0:33:17 (87)	1:50	1:08:26 (36)	1:07	0:43:34 (15)	2:28:14
36	8	Stefan Ebbing	WSV Schermbeck	M40	12	0:24:41 (17)	1:43	1:10:55 (53)	2:13	0:48:43 (50)	2:28:16
37	101	Frank Jungesblut	Tri Team Selm e.V.	M40	13	0:26:32 (22)	1:47	1:09:32 (45)	0:59	0:49:28 (59)	2:28:17
38	161	Andreas Altieri	Trifit Valltied	M40	14	0:29:14 (51)	1:27	1:06:23 (22)	1:26	0:49:52 (60)	2:28:23
39	140	Daniel Stütgen	TV Witzhelden Triathlon	M40	15	0:25:31 (20)	2:34	1:07:33 (29)	1:10	0:51:35 (74)	2:28:23
40	173	Ilja Simon	Team Essen 99	M30	14	0:31:58 (73)	1:41	1:05:34 (18)	1:09	0:48:05 (44)	2:28:27
41	103	Berthold Prott	Tri Team Selm e.V.	M40	16	0:28:23 (39)	1:54	1:11:57 (65)	1:18	0:45:56 (29)	2:29:28
42	94	Udo Depenbrock	ASV Ellewick	M40	17	0:32:30 (79)	1:39	1:06:49 (26)	1:12	0:47:46 (40)	2:29:55
43	123	Marco Sinjou	TV Goch	M40	18	0:28:23 (40)	1:57	1:08:55 (41)	1:34	0:49:13 (54)	2:30:02
44	137	Theo Krebber	TV Goch	M50	7	0:28:24 (41)	1:59	1:12:00 (66)	1:06	0:47:04 (37)	2:30:33
45	12	Lars Goldhammer	SV Gladbeck 13	M30	15	0:32:24 (78)	2:29	1:05:16 (17)	2:17	0:48:18 (47)	2:30:43
46	139	Niels Weinmann	KTT01	M40	19	0:24:19 (10)	2:17	1:09:50 (47)	1:15	0:53:05 (83)	2:30:45
47	34	Michael Witter	Lauffreunde HADI Wesel	M50	8	0:29:31 (56)	2:41	1:13:31 (81)	1:16	0:43:58 (19)	2:30:58
48	185	Hendrik Vorreiter	Marathon Ibbenbüren	M	6	0:26:45 (26)	2:05	1:12:32 (68)	1:04	0:49:16 (57)	2:31:42
49	188	Frank Reininghaus	SV Gladbeck 13	M40	20	0:28:02 (33)	1:49	1:11:15 (55)	1:33	0:49:54 (61)	2:32:33
50	179	Lukas Schulz		M	7	0:27:54 (30)	2:07	1:16:40 (98)	0:54	0:45:44 (28)	2:33:18
51	68	André Stiller		M40	21	0:35:34 (101)	1:46	1:07:50 (32)	1:03	0:47:26 (39)	2:33:38
52	127	Martin Wolff	Schwimmverein Bergisch Gladbach 1920/71 ev	M40	22	0:24:02 (7)	1:21	1:14:09 (84)	1:09	0:53:09 (84)	2:33:50
53	168	Michel Schroers	TV Goch	M40	23	0:30:33 (64)	3:01	1:12:42 (72)	1:23	0:46:16 (32)	2:33:54
54	57	Niklas Hogenkamp		M	8	0:32:40 (84)	2:32	1:08:20 (35)	1:14	0:49:15 (55)	2:34:00
55	84	ralf Powierski	Weseler TV Triathlon	M50	9	0:28:22 (38)	1:29	1:11:39 (59)	1:01	0:51:56 (75)	2:34:28
56	117	Daniel Schneider	Sportkameraden	M30	16	0:32:36 (81)	1:52	1:07:36 (31)	1:56	0:50:36 (65)	2:34:35
57	85	Arnd Ziebell	Freie Schwimmer Düsseldorf	M50	10	0:30:46 (65)	1:50	1:12:42 (71)	2:05	0:47:59 (43)	2:35:22

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58	99	Jan-Mischa Brands	Bocholter WSV	M	9	0:32:03 (74)	2:31	1:11:30 (58)	1:09	0:48:53 (52)	2:36:05
59	73	Ralf Fichtner	LDT Bochum	M50	11	0:28:50 (46)	2:44	1:16:44 (99)	1:31	0:46:49 (36)	2:36:38
60	170	Jannis Schücker	TV Rodenkirchen	M30	17	0:29:25 (55)	1:38	1:13:44 (82)	1:08	0:51:29 (73)	2:37:24
61	162	Stephan Jakobs	Tus Immenstaad	M50	12	0:32:10 (76)	2:06	1:10:55 (54)	1:59	0:50:29 (64)	2:37:40
62	27	volker reininghaus	SV Gladbeck 13	M40	24	0:24:22 (12)	2:05	1:16:07 (94)	1:45	0:53:53 (91)	2:38:13
63	130	Marc Seegers	Dülkener SV 06	M40	25	0:29:59 (61)	2:27	1:11:43 (61)	1:27	0:52:57 (82)	2:38:32
64	146	Jürgen Klose	Team Meisenbusch	M50	13	0:27:46 (29)	1:36	1:09:54 (48)	2:31	0:56:49 (103)	2:38:35
65	60	Norbert Schmitz	Nordtriathleten Oberhausen	M50	14	0:28:54 (48)	1:31	1:15:46 (92)	1:30	0:50:58 (68)	2:38:41
66	100	Sascha Lorenz	BV Sturm Wissel	M40	26	0:31:03 (69)	2:58	1:11:27 (57)	1:05	0:52:23 (79)	2:38:56
67	30	Andre Schürings		M40	27	0:27:30 (28)	2:13	1:14:41 (87)	1:55	0:52:40 (80)	2:38:58
68	7	Lutz Keferstein	WSV Schermbeck	M40	28	0:29:15 (53)	2:30	1:13:23 (79)	1:54	0:52:07 (77)	2:39:09
69	67	Sebastian Rottstegge	Hamminkelter SV	M30	18	0:32:37 (82)	1:46	1:12:53 (73)	1:10	0:50:57 (67)	2:39:23
70	28	Michael Maas	Hamminkelter SV	M50	15	0:32:32 (80)	1:35	1:10:14 (51)	1:47	0:53:47 (90)	2:39:55
71	147	Hartwig Busch	Spa Striders	M40	29	0:36:16 (109)	1:40	1:12:33 (69)	1:17	0:48:10 (45)	2:39:56
72	131	Sebastian Runkel	TV Witzhelden	M30	19	0:26:44 (25)	1:32	1:10:12 (50)	1:20	1:00:34 (113)	2:40:23
73	119	Markus Beaupoil	TV Goch	M50	16	0:37:38 (114)	1:45	1:10:29 (52)	1:16	0:49:16 (56)	2:40:24
74	13	Axel Lenders	Allround Triathlon Team Kleve	M50	17	0:33:59 (90)	1:47	1:11:53 (64)	1:32	0:51:17 (71)	2:40:27
75	476	Andreas Montlez		M40	30	0:36:09 (107)	2:09	1:12:34 (70)	1:21	0:48:50 (51)	2:41:03
76	176	Christian Neusässer	SV Gladbeck 1913	M40	31	0:30:47 (66)	2:15	1:15:00 (89)	1:06	0:52:13 (78)	2:41:22
77	55	Sven Lawrenz	Nordtriathleten Oberhausen	M40	32	0:28:31 (43)	2:00	1:13:57 (83)	1:34	0:55:25 (97)	2:41:27
78	82	Bjoern Eicker	Team ERDINGER Alkoholfrei	M30	20	0:29:00 (49)	2:19	1:14:24 (85)	1:00	0:55:09 (96)	2:41:53
79	134	Daniel van Meegern	BV Sturm Wissel	M40	33	0:28:49 (44)	2:00	1:17:02 (100)	1:58	0:53:35 (88)	2:43:24
80	39	Lothar Klicker	SV Blau Weiß Recklinghausen	M50	18	0:35:47 (104)	2:36	1:13:18 (75)	1:30	0:50:26 (62)	2:43:37
81	128	Thomas Höllkott		M50	19	0:29:14 (52)	2:13	1:17:33 (104)	1:11	0:53:41 (89)	2:43:53
82	138	Michel Krieg	Tri Team Selm	M	10	0:28:15 (36)	2:29	1:16:39 (97)	1:44	0:54:52 (95)	2:43:58
83	81	Thilo Mannaße	Team Erdinger Alkoholfrei	M30	21	0:37:18 (112)	1:59	1:13:23 (80)	1:02	0:51:08 (70)	2:44:50
84	83	Daniel Gehrman		M30	22	0:29:56 (59)	3:17	1:17:09 (101)	1:44	0:53:10 (85)	2:45:17
85	158	Michael Scheuven	LVM Team Berger & Wilmsen	M30	23	0:28:50 (45)	2:50	1:15:47 (93)	1:19	0:56:35 (101)	2:45:21
86	38	Michael Maus	TV Witzhelden Triathlon	M50	20	0:37:46 (115)	1:37	1:16:27 (96)	1:20	0:48:14 (46)	2:45:24

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Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
87	6	Ralf Gromann	WSV Schermbeck	M50	21	0:34:44 (93)	2:32	1:13:03 (74)	2:02	0:53:25 (86)	2:45:44
88	90	Henning Korte	ASV Ellewick	M30	24	0:35:29 (100)	1:58	1:09:26 (44)	1:19	0:58:32 (110)	2:46:45
89	125	André Schmidt	EventSportVerein Siegerland e.V.	M30	25	0:31:31 (72)	2:01	1:09:18 (43)	1:53	1:02:23 (117)	2:47:06
90	33	Chris Leiendecker	Freie Schwimmer Düsseldorf	M40	34	0:35:49 (105)	1:41	1:13:19 (76)	1:36	0:54:50 (94)	2:47:14
91	132	Uwe Renken	Hamminkelter SV	M60	1	0:35:52 (106)	1:43	1:13:22 (77)	2:10	0:54:09 (92)	2:47:15
92	25	Volker Helmberg	Saarner Kämpfer	M50	22	0:35:16 (98)	3:02	1:19:31 (111)	1:30	0:48:41 (49)	2:48:01
93	121	Matthias Haaser	TV Witzhelden	M50	23	0:36:14 (108)	2:27	1:19:54 (114)	1:50	0:47:49 (41)	2:48:14
94	167	Mark Daubitz	Team Erdinger Alkoholfrei	M40	35	0:35:03 (96)	2:24	1:16:09 (95)	1:26	0:53:30 (87)	2:48:32
95	166	Norbert Mörtter		M50	24	0:30:17 (62)	4:39	1:14:52 (88)	1:15	0:58:11 (109)	2:49:13
96	56	Jörg van Gelder		M50	25	0:34:54 (95)	2:09	1:15:34 (91)	2:00	0:55:30 (98)	2:50:07
97	124	Jörg Henrich	Hamminkelter SV	M40	36	0:32:10 (75)	2:20	1:11:20 (56)	2:00	1:02:58 (120)	2:50:48
98	88	Frank Philipp	TuS Drevenack	M50	26	0:31:25 (71)	4:39	1:21:29 (120)	2:52	0:50:51 (66)	2:51:16
99	32	Rieke Jan	Freie Schwimmer Düsseldorf	M40	37	0:34:52 (94)	2:23	1:10:04 (49)	1:46	1:02:12 (115)	2:51:16
100	116	Holger Schütze	Reeser SC Triathlon	M50	27	0:33:18 (88)	2:00	1:15:17 (90)	1:08	0:59:43 (111)	2:51:26
101	133	Christoph Braun	TV Goch	M60	2	0:41:28 (123)	3:04	1:13:22 (78)	1:44	0:51:57 (76)	2:51:35
102	181	Jens Dornick	Boverter Bären	M50	28	0:40:43 (121)	3:32	1:18:02 (107)	2:16	0:50:28 (63)	2:55:01
103	183	Ralf Geradts	Ohne	M40	38	0:36:25 (111)	2:56	1:17:24 (102)	1:19	0:57:08 (104)	2:55:12
104	145	Alexander Träger		M40	39	0:40:48 (122)	3:04	1:11:45 (62)	3:08	0:56:35 (102)	2:55:21
105	178	Frederic Brozy	Hardtseemafia	M30	26	1:35:33 (131)	6:05	0:39:59 (1)	0:54	0:22:55 (1)	2:55:26
106	177	Steffen Ehl	TSV Meerbusch	M40	40	0:35:12 (97)	3:06	1:18:30 (108)	2:18	0:56:26 (100)	2:55:31
107	89	Rinsch Markus		M50	29	0:35:35 (102)	5:14	1:17:43 (106)	2:41	0:55:39 (99)	2:56:51
108	14	Andre Wachholder		M50	30	0:34:05 (91)	2:30	1:21:00 (118)	2:05	0:57:20 (106)	2:56:59
109	75	Siegfried Priebel	SV Gladbeck 13	M60	3	0:34:07 (92)	1:55	1:21:25 (119)	2:29	0:57:19 (105)	2:57:15
110	115	Dieter Perau	running veg. Kevelaer	M50	31	0:41:39 (125)	3:31	1:19:53 (113)	1:51	0:51:03 (69)	2:57:57
111	2	Steffen Brillat	SV Gladbeck 13	M50	32	0:38:09 (117)	2:23	1:19:31 (112)	1:24	0:57:36 (107)	2:59:03
112	171	Christoph Zanders	SC Union Nettetal	M60	4	0:38:00 (116)	2:21	1:14:25 (86)	1:20	1:03:04 (123)	2:59:11
113	107	Jochen Glatki		M40	41	0:43:54 (127)	2:11	1:17:39 (105)	1:46	0:54:26 (93)	2:59:55
114	110	Gero Hilken		M50	33	0:29:56 (60)	3:15	1:19:09 (109)	5:37	1:02:19 (116)	3:00:17
115	474	Josef Derks	TV Goch	M60	5	0:45:29 (129)	4:11	1:17:29 (103)	2:04	0:51:28 (72)	3:00:41

Männer

Pl.	St Nr	Name	Verein	AK	Pl.	Schwimmen	W1	Radfahren	W2	Laufen	Gesamt
116	118	Thomas Klopp	TV Witzhelden Triathlon	M50	34	0:36:19 (110)	2:23	1:19:22 (110)	1:23	1:02:39 (119)	3:02:06
117	53	Martin Berger	LVM Team Berger & Wilmsen	M40	42	0:32:57 (86)	1:47	1:21:58 (121)	1:36	1:04:10 (126)	3:02:27
118	126	Michael Söllner		M50	35	0:32:53 (85)	4:11	1:25:01 (128)	3:04	0:57:55 (108)	3:03:05
119	69	Kai Gewehr	LDT Bochum	M50	36	0:37:35 (113)	2:28	1:20:06 (115)	1:55	1:02:59 (121)	3:05:02
120	193	Manfred Beyerinck	Bosch Service	M60	6	0:38:54 (118)	3:02	1:20:12 (116)	2:29	1:01:08 (114)	3:05:45
121	113	Andreas Heiermann	Hardseemafia Triathlon	M50	37	0:30:50 (67)	2:16	1:29:31 (131)	2:20	1:02:26 (118)	3:07:22
122	190	Thomas Rudolph	SV Gladbeck 13	M50	38	0:39:33 (119)	2:46	1:20:23 (117)	1:30	1:03:36 (125)	3:07:48
123	70	Klaus Terhorst		M60	7	0:48:04 (130)	3:42	1:24:00 (126)	1:52	0:52:41 (81)	3:10:18
124	17	Josef Bickendorf	Running Friends Bedburg	M50	39	0:41:30 (124)	3:48	1:23:20 (125)	2:31	1:00:00 (112)	3:11:09
125	77	David Freidl		M40	43	0:39:53 (120)	2:50	1:25:00 (127)	0:51	1:03:04 (122)	3:11:38
126	37	Jens van der Crabben		M50	40	0:35:26 (99)	4:03	1:27:30 (130)	3:02	1:05:56 (127)	3:15:57
127	122	Martin Arnold	MSC	M50	41	0:42:30 (126)	4:35	1:23:16 (123)	4:21	1:03:21 (124)	3:18:03
128	35	André Meyer	Triminators TV Voerde	M40	44	0:35:41 (103)	5:00	1:22:50 (122)	2:30	1:18:05 (128)	3:24:05
130	80	Carsten Hettche	Hellas Siegburg	M40	46	0:44:09 (128)	3:37	1:25:44 (129)	1:57	1:18:33 (129)	3:34:00
DNF	129	Timo Jughard	Eintracht Frankfurt triathlon e.V.	M40	45	()		()		()	3:33:59